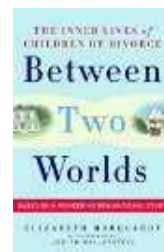


PARENTING BOOK RESOURCE LIST

HURTING TEENS:

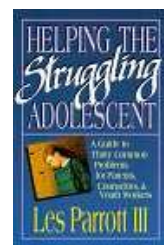
Between Two Worlds: The Inner Lives of Children of Divorce. Elizabeth Marquardt. Crown Publishers, 2005. Offers some significant findings regarding the relationship between divorce and faith. Marquardt notes that children of divorce are often conflicted as they try to make sense of morality and values in their own lives. There is also a profound effect on their relationships with God and the church.



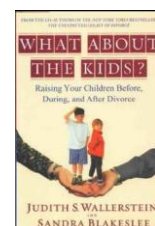
Hurt: Inside the World of Today's Teenagers. Chap Clark. Baker, 2004. Based on solid research and years of insightful observation, Clark's "Hurt" serves to open the eyes of parents, youth workers, pastors, educators, and youth-serving professionals to realities from which the church has too often chosen to look away. 'Hurt' offers a deep and penetrating look into the contemporary adolescent experience that will serve us well as we work to have a prophetic, preventive, and redemptive influence on the world of today's youth culture.



Helping the Struggling Adolescent. Les Parrott III. Zondervan, 1993. A practical guide for parents, counselors and Youth workers on how to help teens through thirty common problems common among adolescents.

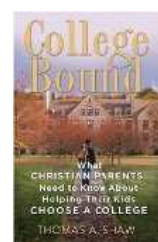


What About The Kids? - Raising Your Children Before, During, and After Divorce. Judith Wallerstein and Sandra Blakeslee. Hyperion, 2003. Another offering from the pair that has spent over three decades studying the effects of divorce on children and teens.

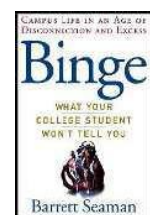


COLLEGE & CHOICES:

College Bound: What Christian Parents Need to Know About Helping Their Kids Choose a College. Thomas Shaw. Moody Publishers, 2005. "Helping your teen choose the right college can be one of the most rewarding and meaningful journeys you take together." This book will walk you through the process step by step.



Binge: What Your College Student Won't Tell You: Campus Life in an Age of Disconnection and Excess. Barrett Seaman. Jon Wiley & Sons, 2005. Every parent should read this book before sending a child off to college. It provides a realistic description of what college life in America looks like today.

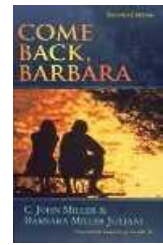


Bold Parents, Positive Teens. Karen Dockrey. Waterbrook, 2002. Suggestions for how to guide teens through the adolescent years and to equip them to make Godly choices. The author challenges parents become proactive and confident, rather than backing off.

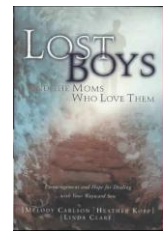


PARENTS OF PRODIGALS:

Come Back, Barbara. C. John Miller and Barbara Miller Juliani. P&R, 1997. This book offers a riveting account of how one Christian father experienced his daughter's wholesale forsaking of the faith, and how God worked to reconcile father to daughter and that same daughter to Himself.



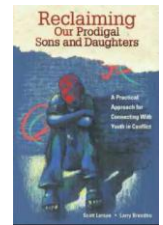
Lost Boys and the Moms Who Love Them. Melody Carlson, Heather Kopp, and Linda Clare. Waterbrook, 2002. Encouragement and hope for mothers raising sons who are struggling with drug use, depression, drinking, premarital sex, truancy, violence, criminal behavior, or rejection of their parents values.



When Teens Stray: Parenting For the Long Haul. Scott Larson. Vine Books, 2002. An experienced counselor and expert on juvenile justice offers biblical insight and advice on the critical issues that must be addressed when teenagers rebel.



Reclaiming Our Prodigal Sons and Daughters: A Practical Approach for Connecting With Youth in Conflict. Scott Larson and Larry Brendtro. National Educational Service, 2000. Veteran counselors discuss the rootlessness of many of today's youth along with a four-step plan faith communities can enact to reach and reclaim them.

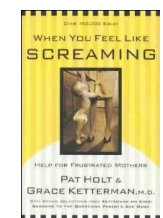


Relief For Hurting Parents: How To Fight For The Lives Of Teenagers. Buddy Scott. Allon Publishing, 1989. A practical and hopeful guide filled with advice and direction for those raising rebellious teenagers.

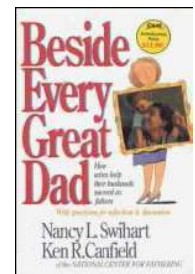


FOR MOMS:

When You Feel Like Screaming: Help For Frustrated Mothers. Pat Holt and Grace Ketterman. Shaw, 2001. A practical book that helps moms understand, and then defuse stress and tension in order to interact with their children in healthier ways.

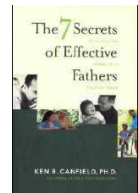


Beside Every Great Dad. Nancy Swihart and Ken Canfield. Tyndale, 1993. Produced by the National Center for Fathering this book helps wives help their husbands to succeed as fathers.

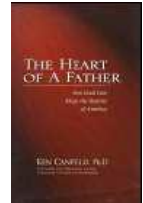


FOR DADS:

The 7 Secrets of Effective Fathers. Ken Canfield. Tyndale, 1992. A helpful guide and skillbuilding resource for fathers who desire to improve the art and the craft of effective fathering. Available in the **CPYU Resource Center**.

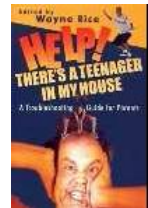


The Heart of a Father: How Dads are Shaping the Destiny of America. Ken Canfield. Northfield, 1996. America's leading fathering spokesperson casts a practical blueprint for fathering. Based on years of research involving thousands of dads, this book challenges fathers to examine their past, evaluate the present, and plan for their future.

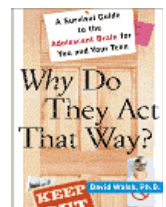


UNDERSTANDING & DEALING WITH YOUR TEEN:

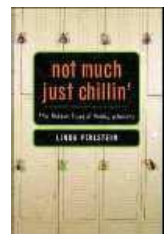
Help! There's a Teenager in My House: A Troubleshooting Guide for Parents. Wayne Rice, ed. Intervarsity Press, 2005. Rice, along with Marv Penner, Duffy Robbins, and Mark DeVries have written this book for parents based on questions asked by attendees at their "Understanding Your Teenager" seminars.



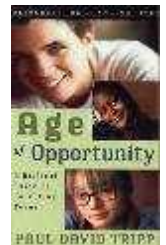
Why Do They Act That Way? A Survival Guide to the Adolescent Brain for You and You're Teen. David Walsh. Free Press, 2004. Walsh details many of the common struggles of teens, and offers much practical advice to help adults better understand and deal with teens



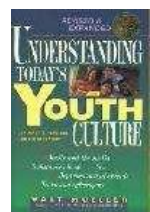
Not Much Just Chillin': The Hidden Lives of Middle Schoolers. Linda Perlstein. Farrar, Straus and Giroux, 2003. Perlstein takes readers on a first-hand immersion into the lives of five suburban Maryland middle school students and chronicles their often hidden lives. This serves as an excellent window into the lives of today's middle schoolers.



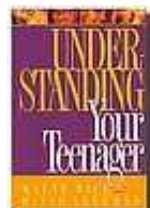
Age of Opportunity: A Biblical Guide to Parenting Teens. Paul David Tripp. P&R, 1997. Highly Recommended! An excellent, grace-filled, and realistic guide for parents of teens. Excellent for use with a Sunday School class or parenting group.



Understanding Today's Youth Culture. Walt Mueller. Tyndale, 1999. A comprehensive and practical guidebook through the intricate tapestry of contemporary youth culture written for parents, youth leaders, and teachers by the President of the Center for Parent/Youth Understanding. A 64-page small group discussion guide is available for use with parents' discussion groups or classes.

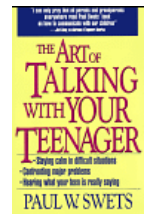


Understanding Your Teenager. Wayne Rice and Dave Veerman. Word, 1999. Two youth ministry veterans and fathers of grown children challenge and equip parents to understand and fulfill their role as the primary shapers of today's children and teens. An excellent book to use as the basis for a parents' small group or Sunday School class.

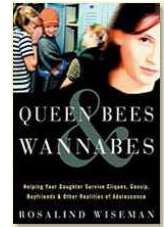


UNDERSTANDING & DEALING WITH YOUR TEEN (CONT'D):

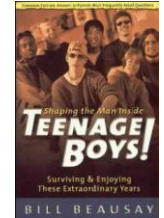
The Art of Talking With Your Teenager. Paul W. Swets. Adams, 1995. An excellent instruction manual for effective communication.



Queen Bees & Wannabees: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and Other Realities of Adolescence. Rosalind Wiseman. Three Rivers Press, 2003. This book offers step by step strategies to gain and build understanding with adolescent girls while avoiding and defusing the "landmines" that plague parent to child communication. This is a good exploration of the "social totem pole" of the adolescent girlworld.

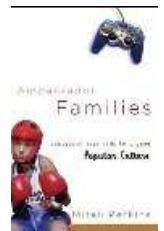


Teenage Boys! Surviving & Enjoying These Extraordinary Years. Bill Beausay. Waterbrook, 2001. A guidebook for leading boys from adolescence into manhood. Emphasis is placed on shaping the inner life of teenage boys as preparation for a successful future.

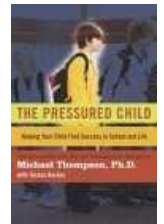


ISSUES AND SPECIFIC TOPICS:

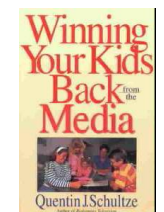
Ambassador Families: Equipping Your Kids to Engage Popular Culture. Mitali Perkins. Brazos Press, 2005. Perkins invites parents on a journey that will transform families by equipping them to learn and speak the language of pop culture in order to influence and make a difference in the world around them.



The Pressured Child: Helping Your Child Find Success in School and Life. Michael Thompson. Ballantine Books, 2004. Parents often don't fully understand what kind of pressures their kids are facing. Thompson enables parents to not only better understand kids, but help them succeed academically without putting them under undue pressure.



Winning Your Kids Back from the Media. Quentin Schultze. InterVarsity, 1994. Another practical and balanced gem from Schultze. Helps parents overcome the onslaught of today's complex media world. If parents are going to read one Christian book on music and media, this is it!

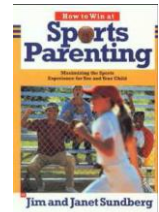


Mom, I Feel Fat: Becoming Your Daughter's Ally in Developing a Healthy Body Image. Sharon A. Hersh. Waterbrook, 2001. Hersh is a professional counselor and author who deals with body image issues facing adolescent girls. The author provides insight into the world of teenage girls and the pressures they face in today's culture. Readers will develop a better understanding of eating disorders and how to recognize and minister to those who suffer from them.



ISSUES AND SPECIFIC TOPICS (CONT'D):

How To Win At Sports Parenting: Maximizing the Sports Experience for You and Your Child. Jim and Janet Sundberg. Waterbrook, 2000. From a former major league baseball player, this book helps bring balance to a youth sports culture that is pressurefilled and winning obsessed.



Walking Tall In Babylon: Raising Children To Be Godly And Wise In A Perilous World. Connie Neal. Waterbrook, 2003. Explores strategies for keeping children from negative worldly influence while equipping them for cultural engagement and ministry.

